


# THE WAY
# OF THE CROSS

2020




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## *Blessing*

PRIEST: Blessed be our God, always, now and for ever and ever.

ALL: **Amen.**

*If no priest is present, the lector (or deacon) leads the service and begins:* Through the prayers of our holy fathers, Lord, Jesus Christ our God, have mercy on us. *All:* Amen.

## *Beginning Prayers*

A: Glory be to You, our God, glory be to You!

B: Heavenly King, Advocate, Spirit of Truth, Who are everywhere present and fill all things, Treasury of Blessings, Bestower of Life, come, and dwell within us; cleanse us of all that defiles us, and, O Good One, save our souls.

A: †Holy God, Holy and Mighty, Holy and Immortal, have mercy on us!

B: †Holy God, Holy and Mighty, Holy and Immortal, have mercy on us!

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B: †Glory be to the Father and to the Son and to the Holy Spirit,

A: Now and for ever and ever. Amen.






B: Trinity most holy, have mercy on us. Cleanse us of our sins, O Lord; pardon our transgressions, O Master; look upon our weaknesses and heal them, O Holy One; for the sake of Your name.

A: Lord, have mercy. (3)

B: †Glory be to the Father and to the Son and to the Holy Spirit,

A: Now and for ever and ever. Amen.

ALL: **Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

*If no priest is present, the lector sings:* Through the prayers of our holy fathers, Lord, Jesus Christ our God, have mercy on us. *All:* Amen.

PRIEST: For the kingdom, the power and the glory are Yours, Father, Son, and Holy Spirit, now and for ever and ever.

ALL: **Amen.**

## *Preparatory Prayer*

LEADER: My Lord, Jesus Christ, / You have made this journey / to die for me with unspeakable love; / and I have so many times ungratefully abandoned You. / But now I love You with all my heart; / and, because I love You, I am sincerely sorry for ever having offended You. / Pardon me, my God, and permit me to accompany You on this journey. / You go to die for love of me; / I want, my beloved Redeemer, to die for love of You. / My Jesus, I will live and die always united to You.

ALL: **Amen.**

(2) **Jesus, remember me,**
**When You come into Your kingdom.**





**THE FIRST STATION:**

## Pilate Condemns Jesus to Die

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how Jesus Christ, after being scourged and crowned with thorns, was unjustly condemned by Pilate to die on the cross.

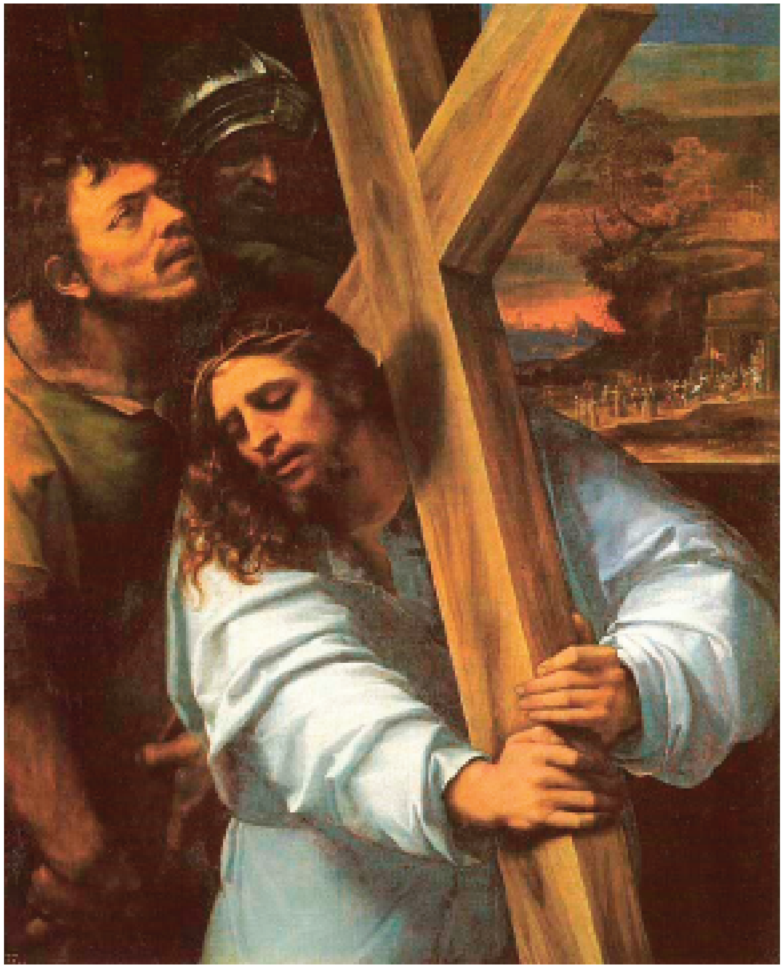
My adorable Jesus, / it was not Pilate; / no, it was my sins that condemned You to die. / I beseech You, by the merits of this sorrowful journey, / to assist my soul on its journey to eternity. / I love You, beloved Jesus; / I love You more than I love myself. / With all my heart I repent of ever having offended You. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

**Rejoice, Mother of God, Virgin Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, for you have borne Christ, the Saviour and Redeemer of our souls.**

**†Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**

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**THE SECOND STATION:**

## Jesus Accepts His Cross

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider Jesus as He walked this road with the cross on His shoulders, thinking of us, and offering to His Father in our behalf, the death He was about to suffer.

My most beloved Jesus, / I embrace all the sufferings You have destined for me until death. / I beg You, by all You suffered in carrying Your cross, / to help me carry mine with Your perfect peace and resignation. / I love You, Jesus, my love; / I repent of ever having offended You. / Never let me separate myself from You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE THIRD STATION:
## Jesus Falls the First Time

LEADER: Glory to Your passion, O Lord.
ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider the first fall of Jesus. Loss of blood from the scourging and crowing with thorns had so weakened Him that He could hardly walk; and yet He had to carry that great load upon His shoulders. As the soldiers struck Him cruelly, He fell several times under the heavy cross.

My beloved Jesus, / it was not the weight of the cross / but the weight of my sins which made You suffer so much. / By the merits of this first fall, / save me from falling into mortal sin. / I love You, O my Jesus, with all my heart; / I am sorry that I have offended You. / May I never offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE FOURTH STATION:
## Jesus Meets His Afflicted Mother

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how the Son met his Mother on His way to Calvary. Jesus and Mary gazed at each other and their looks became as so many arrows to wound those hearts which loved each other so tenderly.

My most loving Jesus, / by the pain You suffered in this meeting / grant me the grace of being truly devoted to Your most holy Mother. / And You, my Queen, who was overwhelmed with sorrow, / obtain for me by Your prayers / a tender and a lasting remembrance of the passion of Your divine Son. / I love You, Jesus, my Love, above all things. / I repent of ever having offended You. / Never allow me to offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

**Rejoice, Mother of God, Virgin Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, for you have borne Christ, the Saviour and Redeemer of our souls.**

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## THE FIFTH STATION:
## Simon Helps Jesus Carry the Cross

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how weak and weary Jesus was. At each step He was at the point of expiring. Fearing that He would die on the way when they wished Him to die the infamous death of the cross, they forced Simon of Cyrene to help carry the cross after our Lord.

My beloved Jesus / I will not refuse the cross as Simon did: / I accept it and embrace it. / I accept in particular the death that is destined for me / with all the pains that may accompany it. / I unite it to Your death / and I offer it to You. / You have died for love of me; / I will die for love of You and to please You. / Help me by Your grace. / I love You, Jesus, my Love; / I repent of ever having offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE SIXTH STATION:
## Veronica Offers Her Veil to Jesus

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider the compassion of the holy woman, Veronica. Seeing Jesus in such distress, His face bathed in sweat and blood, she presented Him with her veil. Jesus wiped His face, and left upon the cloth the image of his sacred countenance.

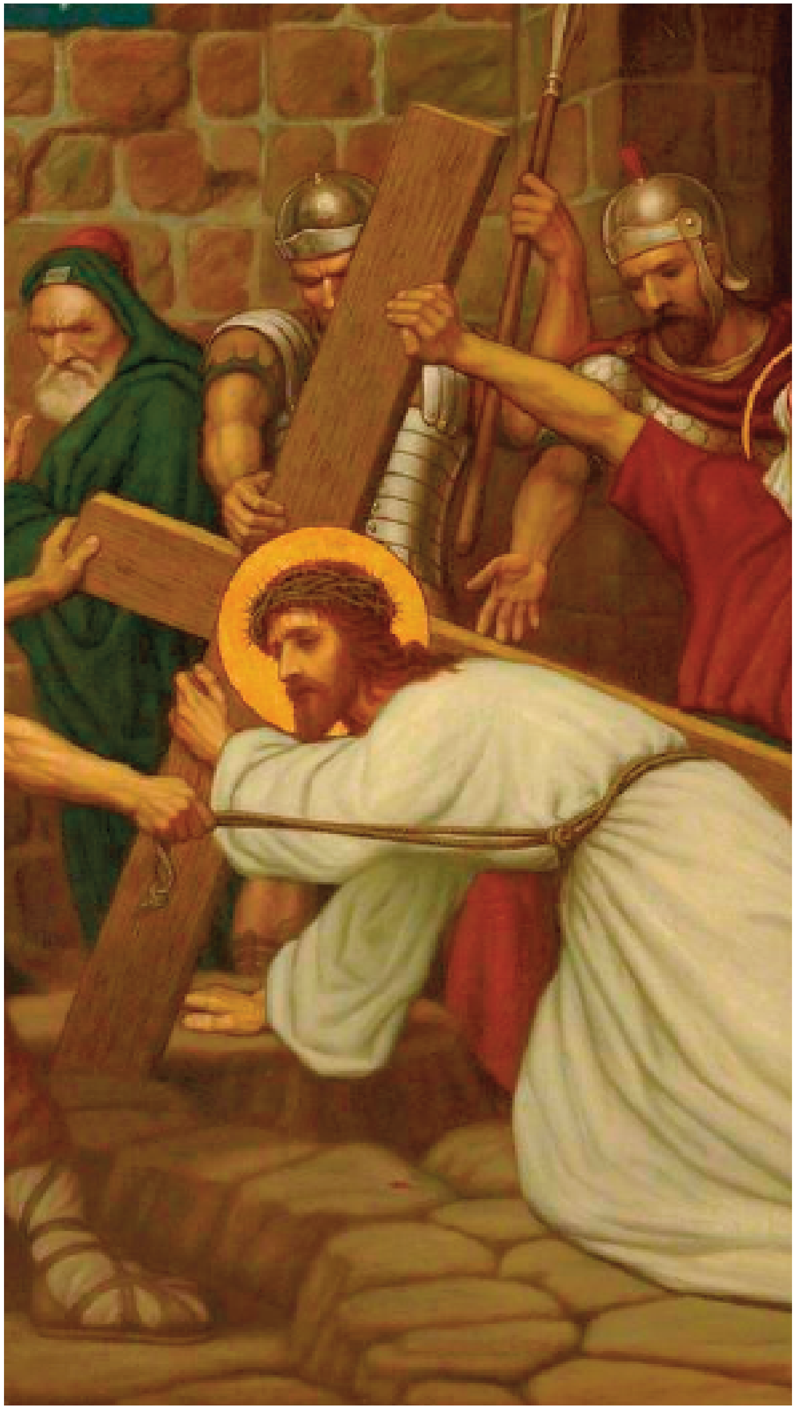
My beloved Jesus, / Your face was beautiful before You began this journey; / but, now, it no longer appears beautiful / and is disfigured with wounds and blood. / Alas, my soul also was once beautiful / when it received Your grace in Baptism; / but I have since disfigured it with my sins. / You alone, my Redeemer, can restore it to its former beauty. / Do this by the merits of Your passion; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE SEVENTH STATION:
## Jesus Falls the Second Time

LEADER: Glory to Your passion, O Lord.
ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how the second fall of Jesus under His cross renews the pain in all the wounds of the head and members of our afflicted Lord.

My most gentle Jesus, / how many times You have forgiven me; / and how many times I have fallen again and begun again to offend You! / By the merits of this second fall, / give me the grace to persevere in Your love until death. / Grant, that in all my temptations, I may always have recourse to You. / I love You, Jesus, my Love with all my heart; / I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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**THE EIGHTH STATION:**





## Jesus Speaks to the Women

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how the women wept with compassion seeing Jesus so distressed and dripping with blood as he walked along. Jesus said to them, "Weep not so much for me, but rather for Your children."

My Jesus, laden with sorrows, / I weep for the sins which I have committed against You / because of the punishment I deserve for them; / and, still more, because of the displeasure they have caused You / who have loved me with an infinite love. / It is Your love, more than the fear of hell, / which makes me weep for my sins. / My Jesus, I love You more than myself; / I am sorry that I have offended You. / Never allow me to offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE NINTH STATION:
## Jesus Falls the Third Time

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how Jesus Christ fell for the third time. He was extremely weak and the cruelty of His executioners was excessive; they tried to hasten His steps though He hardly had strength to move.

My outraged Jesus, / by the weakness You suffered in going to Calvary, / give me enough strength to overcome all human respect / and all my evil passions which have led me to despise Your friendship. / I love You, Jesus my Love, with all my heart; / I am sorry for ever having offended You. / Never permit me to offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

**Rejoice, Mother of God, Virgin Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, for you have borne Christ, the Saviour and Redeemer of our souls.**

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## THE TENTH STATION:
## Jesus Is Stripped of His Garments

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how Jesus was violently stripped of His clothes by His executioners. The inner garments adhered to his lacerated flesh and the soldiers tore them off so roughly that the skin came with them. Have pity for your Savior so cruelly treated and tell Him:

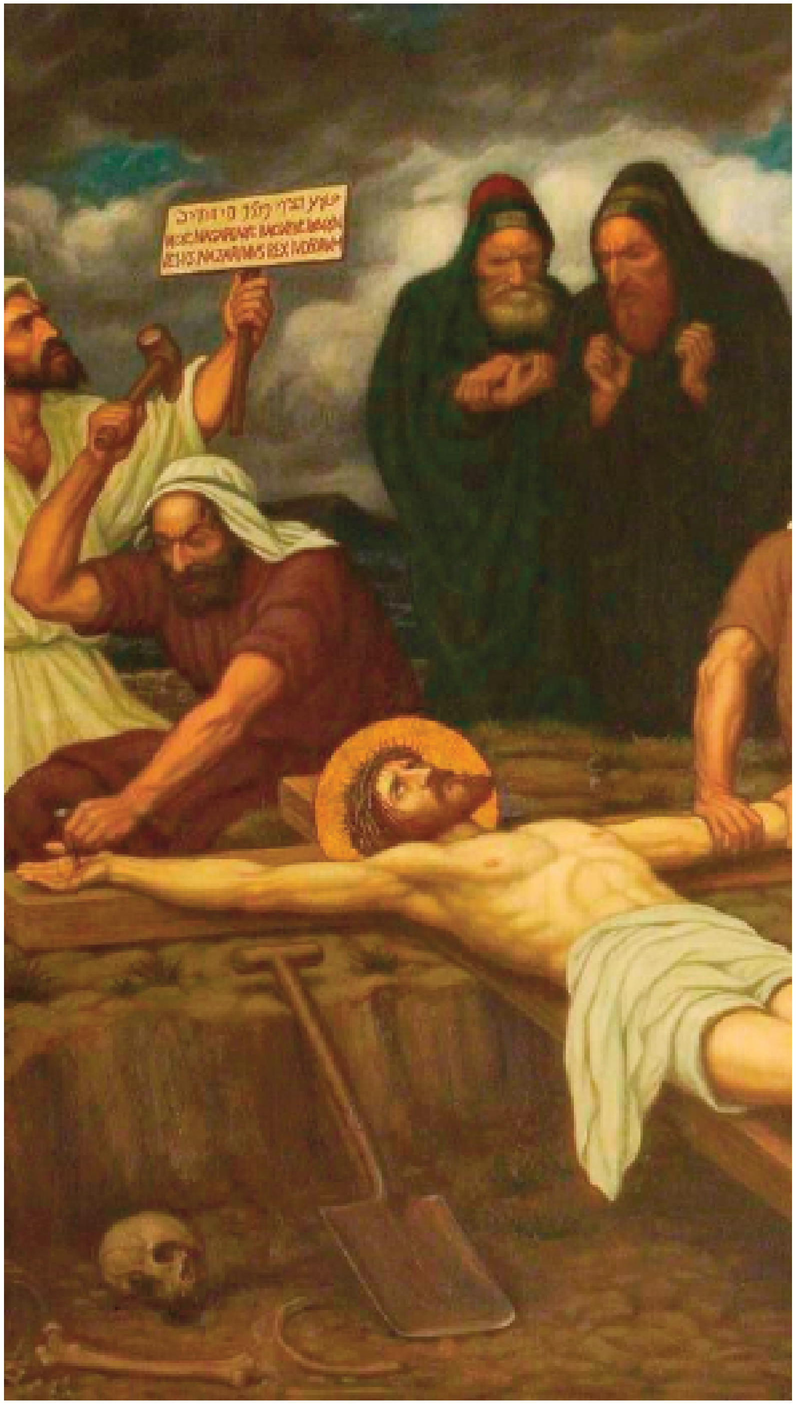
My innocent Jesus, / by the torment You suffered in being stripped of Your garments, / help me to strip myself of all attachment for the things of earth / that I may place all my love in You who are so worthy of my love. / I love You, O Jesus, with all my heart; / I am sorry for ever having offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE ELEVENTH STATION:
## Jesus Is Nailed to the Cross

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider Jesus, thrown down upon the cross, He stretched out His arms and offered to His eternal Father the sacrifice of His life for our salvation. They nailed His hands and feet, and then, raising the cross, left Him to die in anguish.

My despised Jesus, / nail my heart to the cross / that it may always remain there to love You and never leave You again. / I love You more than myself; / I am sorry for ever having offended You. / Never permit me to offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE TWELFTH STATION:
## Jesus Dies Upon the Cross

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how Your Jesus, after three hours of agony on the cross, is finally overwhelmed with suffering and, abandoning Himself to the weight of His body, bows His head and dies. *(Kneel)*

My dying Jesus, / I devoutly kiss the cross on which You would die for love of me. / I deserve, because of my sins, to die a terrible death; / but Your death is my hope. / By the merits of Your death, / give me the grace to die embracing Your feet and burning with love of You. / I yield my soul into Your hands. / I love You with my whole heart. / I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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**THE THIRTEENTH STATION:**

## Jesus Is Taken Down from the Cross

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how, after Our Lord had died, He was taken down from the cross by two of His disciples, Joseph and Nicodemus, and placed in the arms of His afflicted Mother. She received Him with unutterable tenderness and pressed Him close to her bosom.

O Mother of Sorrows, / for the love of Your Son, / accept me as Your servant and pray to Him for me, / And You, my Redeemer, since you have died for me, / allow me to love You, / for I desire only You and nothing more. / I love You, Jesus my Love, / and I am sorry that I have offended You. / Never let me offend You again. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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## THE FOURTEENTH STATION:
## Jesus Is Placed in the Sepulchre

LEADER: Glory to Your passion, O Lord.

ALL: **Glory to Your long-suffering, O Lord.**

*†Prostration*

LEADER: Consider how the disciples carried the body of Jesus to its burial, while His holy Mother went with them and arranged it in the sepulcher with her own hands. They then closed the tomb and all departed.

Oh, my buried Jesus, / I kiss the stone that closes You in. / But You gloriously did rise again on the third day. / I beg You by Your resurrection that I may be raised gloriously on the last day, / to be united with You in heaven, to praise You and love You forever. / I love You, Jesus, and I repent of ever having offended You. / Grant that I may love You always; and then do with me as You will.

ALL: **Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

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### *Prayer to the Lord Jesus Crucified*

PRIEST: Bowing our heads *(and bending our knees)* in all humility, let us pray.

ALL: **Lord, have mercy.**

PRIEST: Lord, Jesus Christ, Son of the living God, Creator of heaven and earth, Saviour of the world, behold, I who am unworthy, and of all – most sinful, I humbly bow my heart before the glory of Your majesty and praise Your Cross and Passion. I offer thanksgiving to You, the King and God of all, that You were pleased to bear as man all labours and hardships, all temptations and tortures, that You might be our fellow-sufferer and Helper, and a Saviour to all of us in our sorrows, needs, trials and tribulations.

I know, O all-powerful Lord, that all these things were not necessary for You. It was for us and for our salvation that You endured Your Cross and Passion, so that You might redeem us from all cruel bondage to the enemy. What then, shall I give in return to You, O Lover of mankind, for all that You have suffered for me, a sinner? I cannot say, for soul and body and all blessings come from You, and all that I have is Yours, and I am Yours. Yet I know that love is repaid only with love.

Teach me, then, to love and praise You. Trusting solely in Your infinite compassion and mercy, O Lord, I praise Your unspeakable patience, I magnify Your unutterable exhaustion, I glorify Your boundless mercy, I adore Your purest Passion.

As I venerate and most-lovingly kiss Your holy wounds, I cry out: "Have mercy on me a sinner." May Your holy Cross be not fruitless in me. May



I participate here, with faith, in Your sufferings; and be made worthy to behold also the glory of Your Kingdom in heaven.

ALL: **Amen.**

### *Dismissal*

PRIEST: Glory be to You, O Christ our God, our hope, glory be to You!

ALL: **†Glory be to the Father and to the Son and to the Holy Spirit,* now and for ever and ever. Amen.* Lord, have mercy.** (3)* **Give the blessing.**

PRIEST: Christ our true God, Who for us and for our salvation endured the Passion, the life-giving Cross and voluntary burial, through the prayers of His immaculate Mother; of the holy, glorious and all-praiseworthy apostles; of our venerable and godly fathers, and of all the saints, will have mercy on us and save us, for He is good and loves mankind.

ALL: **Amen.**

### *Lenten Hymn*

PRIEST: Having suffered, the passion for us, O Jesus Christ, Son of God, have mercy on us.

*†Prostration.*

ALL: **Having suffered, the passion for us, O Jesus Christ, Son of God, have mercy on us.**

*†Prostration.*

PRIEST: Having suffered, the passion for us,

ALL: **O Jesus Christ, Son of God, have mercy, have mercy, have mercy on us.**

*†Prostration.*